



## Educational & Developmental Programs

**Focused one-on-one instruction involving activities designed to support the participants' global development, their home/school learning and life/social skills.**



### What makes our programs different?

**Holistic approach** – When supporting clients' educational learning and overall development, we draw on a number of different teaching and therapeutic methods. Neurological differences and retained primitive reflexes can often impact and create challenges in a person's learning and development. We therefore work on these areas as well as using a variety of hands-on activities in combination with movement, to teach concepts that may not be learned as easily at the table-top.

**All programs are PERSONALISED** – We will design an educational program to support specific school learning goals/academic areas and create developmental programs to support the goals of other therapies and the skills our clients need to develop more self-confidence and independence.

**Neurological and developmental basis** – We design our programs to support neurological and child development, working with the brain and body systems to form new brain connections and pathways for learning. We also work to decrease stress experienced in the body that often stems from sensory sensitivities.

### Personalised Approaches' educational & developmental programs enhance & promote the development of:



- ...Connection between both hemispheres of the brain to promote integrated functioning and more efficient information processing.
- ...Skills and behaviours required for effective learning at school.
- ...Knowledge in all subject areas to assist with reaching school/early education goals.
- ...General life-skills and self-help skills.
- ...Confidence to be an active member of the family, classroom and society.
- ...Speech, language & communication skills.
- ...Social behaviours, team work and cooperation.
- ...Emotional regulation.
- ...and much more!

### Examples of some activities seen in private educational & developmental programs:



- ...Creating, making and drawing patterns with various colours and shapes.
- ...Practising speech sounds, sentence structure and developing conversations.
- ...Reading and creating stories, information reports, recipes.
- ...Practising communication through pictures, sign, AAC devices.
- ...Outings within the local neighbourhood to learn about the community, safety and to develop independence in life-skills.
- ...Learning calming strategies for overwhelming situations.
- ...Movement activities to help integrate the brain hemispheres and primitive reflexes.
- ...and much more!